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EDMONTON • MONDAY JANUARY 11 2010

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**RCMP searching activist's farm over pipeline bomb attacks**

**HYTHE** Wiebo Ludwig has been released from custody, but RCMP continue to search his Alberta farm for evidence in a half-dozen pipeline bombings over the last two years in northeastern B.C.

A woman at the farm confirmed yesterday that dozens of Mounties are still searching the communal farm, which is home to more than 50 people, near the town of Hythe, Alta. Ludwig was visiting friends and could not be reached for comment.

He was arrested Friday and held overnight in jail as police continued to gather evidence, but was released early Saturday without any charges being laid.

THE CANADIAN PRESS

## Putting on its Games face

Vancouver prepares to host the world as Olympics draw near

**Seemingly overnight, downtown Vancouver has morphed into an Olympic city.**

Until recently, the visible signs like new venues and corporate signage had been fairly easy to overlook. After all, buildings look like buildings, billboards like billboards.

But anyone who was away over the holiday season has returned to a very different look. Parking barriers have sprouted on major streets; temporary structures have popped up in parks and parking lots. City spokeswoman Leslie

Bolt said the downtown, despite years of construction, wasn't yet fully decked out.

"That's what's happening now. We're dressing up the city," said Bolt, pointing out plans to hang 6,000 Olympic banners. Gone seemingly overnight are any trace of Christmas decorations except red lights and signs.

"I'm looking out the window and I see a big building wrap being put on a building," said Charles Gauthier, executive director of the Downtown Business Improve-

ment Association.

In a show of support for Canadian athletes, most stores are displaying red. Gauthier said businesses are being careful to respect corporate sponsors and not use lettering or images of athletes that could violate trademarks.

Amid all this glitz, what hasn't changed is downtown traffic.

Terry Wright, executive vice-president of the Vancouver Organizing Committee (VANOC), said the hope now is there will be

five per cent fewer single-occupancy vehicles on the road starting this week and 30 per cent fewer when the Games begin

Feb. 12. "We're asking everyone to look at their travel options and try them out ahead of time," said Wright. Nevertheless,

downtown offices have already been warned that wait times for buses could be as long as two hours during peak commuting hours once the Games are on.

TORSTAR NEWS SERVICE

**Electrician Jason Raposo hangs Olympic Games banners on a light standard in Vancouver on Wednesday.**

DARRYL DYCK/THE CANADIAN PRESS

## LRT riders ditch their inhibitions — and their pants



VICTORIA HANDSIDES

victoria.handsides@metronews.ca

Pants, then jaws dropped on a busy LRT train yesterday afternoon, as a few dozen local dramatics became part of a global flash mob.

"We're breaking the mould," No Pants Subway organizer Kelly Hobbs said. "Just making people smile seeing something different. We're not out to offend anybody or anything like that."

As part of a worldwide initiative dubbed Improv Everywhere, people in cities including Vancouver and New York took off their pants aboard public transit.

"Thank goodness. I was not looking forward to freezing my legs off," she said. "I was hoping we could coin 'Edmonton underwear' being long underwear, but thank gosh the weather is nice."

**"I was hoping we could coin 'Edmonton underwear' being long underwear."**

Kelly Hobbs, event organizer

Station.

Once on board, they stripped and sat or stood casually as bewildered passengers gawked in confusion.

Luckily, temperatures hovered around 0 C yesterday afternoon, though Hobbs said the group would have braved -30 C.

"Thank goodness. I was not looking forward to freezing my legs off," she said. "I was hoping we could coin 'Edmonton underwear' being long underwear, but thank gosh the weather is nice."

A group of Edmonton LRT commuters stripped down yesterday to take part in the worldwide No Pants Subway flash mob.

### The Panamera

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**Canadian gets reprieve from death sentence in Saudi Arabia**

A Montreal man who was sentenced to die by decapitation in Saudi Arabia for his role in a fatal schoolyard brawl three years ago has received a reprieve in the form of a retrial. Saudi Arabia's highest court earlier this week revoked the death sentence against Mohamed Kohail. **THE CANADIAN PRESS**

# Canada/World

**Halifax Oh Canada**

Rapper Classified, from Enfield, N.S., shoots a video for his song Oh Canada from his 2009 album Self Explanatory, in downtown Halifax yesterday.

## Short sessions, long history

If Canadians are piqued about the prorogation of Parliament, it might be because they're not looking back to the days of steam train and buggy travel for their comparison, as the prime minister appears to be.

Prime Minister Stephen Harper shrugs off his decision to put an end to a messy parliamentary session as a "routine" matter.

Harper's officials have argued that historically the average parliamentary session has lasted 109 sitting days, while the one that

**11-day session**

- In the past 50 years there was one other similarly short 11-day session. In 1988, the government of Brian Mulroney summoned Parliament briefly after the election to ratify the Free Trade Agreement.

just ended lasted 128 days.

True, in the 144 parliamentary sessions since Confederation in 1867, MPs in the Commons have logged an average of about

105 sitting days per session.

But perhaps a more relevant comparison might be the average parliamentary session in the modern era — or, say, the prime minister's lifetime.

Harper is 50 and in that time, airline travel has made it easier for MPs to travel from a riding to Ottawa to sit in the legislature. In the 39 parliamentary sessions over the last 50 years, the average parliamentary session for MPs sitting in the Commons lasted 173 days.

**TORSTAR NEWS SERVICE**



Scott Thompson talks hitting "rock bottom" and beating cancer on the road to Kids in the Hall reunion. Scan this code for the full story.

**News in brief**

**TIGER** A 66-year-old man from southern Ontario is dead after he was mauled by a 650-pound tiger he kept on his property. Ontario provincial police say they responded to a call at a residence in Southwold, known to have exotic animals on the property, yesterday afternoon after reports that a man had been mauled by a tiger. OPP Const. Troy Carlson says the man entered the animal's cage to feed it and was attacked and killed by the tiger. The victim has been identified as Norman Buwalda. **THE CANADIAN PRESS**

## Can you name Canadian Olympians?

**STIG NIELSEN**  
for Metro Canada

### VANCOUVER 2010 Games

**OLYMPICS** Only seven of 50 people interviewed by Metro in Vancouver over the last two days were able to name five Canadian Winter Olympic athletes.

Valid responses included athletes who have already qualified as well as those contending to make Canada's Olympic Team, which will be announced Jan. 29.

The only catch is that responders were limited to naming only one athlete from the men's ice hockey team.

"I am surprised," said two-time Olympian Lindsay Alcock, who competed in skeleton. "But it's a good time to get to know the athletes. By this time next month they are all going to

be household names."

The most-often named Winter Olympian was Vancouver Canucks goalie Roberto Luongo. Pittsburgh Penguins centre Sidney Crosby and speedskater Jeremy Wotherspoon shared the runner-up spot with five mentions each.

Thirteen respondents gave Metro their personal information then said they couldn't name a single athlete.

**WITH FILES FROM KRISTEN THOMPSON**

## New Jersey Landing gear failure



A United Airlines Airbus sits at Newark Liberty International Airport after making an emergency landing yesterday. Landing gear problems were blamed. All 53 people aboard the flight from Chicago were safely evacuated, and no injuries were reported.

## Violence in Pakistan on the rise

**MURDERS** Dozens of people have been killed in Pakistan's largest city, including four found yesterday — three of them headless — in a wave of targeted attacks among rival political groups that some say is aimed at destabilizing the country's ruling coalition. Political violence is com-

mon in Karachi, but the shootings and decapitations since Jan. 1 have terrorized parts of this teeming metropolis, prompting the government to send in paramilitary forces to restore order.

The growing unrest in the financial capital threatens to spark further insta-

bility.

"We have found four bodies of our party workers today," said Faisal Sabzwari, a provincial lawmaker from the Muttahida Qaumi Movement, the strongest political party in Karachi and one dominated by the minority Mohajir ethnic group. **THE ASSOCIATED PRESS**

**News in brief**

**MALAYSIA** Eight Christian churches have been attacked over three days amid a dispute over the use of the word "Allah" by non-Muslims. Many Muslims are angry about a court decision overturning a government ban on Roman Catholics' using "Allah" to refer to their God.

**AFGHANISTAN** An explosion outside a village in southern Afghanistan yesterday killed a U.S. Marine and a veteran war correspondent who became the first British journalist killed in the conflict, officials said. With the death of Sunday Mirror journalist Rupert Hamer, 18 reporters have been killed in Afghanistan — including a Canadian last month — since the U.S.-led 2001 invasion, according to figures kept by the New York-based Committee to Protect Journalists.

**ITALY** Pope Benedict XVI denounced the riots last week between immigrants and Italians in southern Italy, saying yesterday that migrants have rights, must be respected, and are equally loved by God. **THE ASSOCIATED PRESS**

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**Time:**  
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Second Session: 6pm-8pm

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## Comment

## Changes welcomed

## InTransit

**Brian Gould**

metronews.ca/gould

The dawn of a new decade has brought with it two significant, yet subtle, changes to ETS' bus fleet. Eleven routes now boast bicycle racks — up from three — while the entire system is now served by low-floor buses.

ETS' bicycle accommodations are still rather spotty compared to many other operators. On the other hand, Edmonton is relatively flat; while some streets may not be terribly pleasant rides, short hops

on transit are liable to be slower than just biking the whole way.

With most quadrants of the city well served, the next step should be to provide racks on regional buses to St. Albert, Sherwood Park, Fort Saskatchewan, and Spruce Grove. These rides are long, treacherous, and claim cyclists' lives.

Along with these new bicycle racks, the bus fleet is now fully wheelchair accessible. This change has been a long time coming, with old buses slowly disappearing over the years. The increasingly misnamed GM "New Look" high-floor buses have been on their way out since 1993, when New Flyer's low-floors began to arrive.

Assessing the age of a particular bus used to be easy. Boxy was new, round

was old, and the blue and yellow livery was downright ancient. Now, the differences are much more subtle, like the move away from wooden inserts, the changes in seat fabric, and the relatively recent rounded fronts.

A few years ago, the high floors had been relegated to little-used industrial runs, peak-of-the-peak service, and the extra park-and-ride service for football games. Relatively few could be seen plying the mainline routes.

Many of the hangers-on were the increasingly antiquated trolley buses, meaning trolleys were unfairly associated with those creaking clunkers by the time council decided to scrap them in 2008. Modern trolley buses, like

the one that was on loan from Vancouver, are low floor, silent, and carry back-up batteries.

The decision to scrap them did, however, mean the bus fleet was quickly able to approach 99 per cent accessible. As of the end of August, the high-floor buses were only seeing action on 13 routes. All but two of those only saw one trip per day.

In a fleet of more than 900 buses, a couple dozen little-used high floors are easy to forget about. Most riders probably won't notice the difference, but for those who depend on the lower floors, it's sure to be a welcome relief from worrying about being stuck at the curb.

Brian Gould is a transportation planner and has served in a variety of roles with the Transit Riders' Union of Edmonton.

## Views

## Exercise caution when battling the bulge

## HineSight

**Anne Hines**

metronews.ca/hinesight

This time of year it seems as if someone is throwing diet and exercise information at us every time we turn around (which, by the way, burns .00324 calories).

In the past, it was generally accepted that if you wanted to trim down a bit, you simply had to eat a little less and exercise a little more. Nowadays, we can see the obvious flaw in this system. No one can make money from it.

Before you start shedding cash in order to shed pounds, here's what you need to know:

**Home gym systems:** Many experts say that exercising at home can be fun

and easy. We do not believe them, of course. However, if you are planning to buy home gym equipment, it's important to choose something that will suit your lifestyle in the long term. Ask yourself: "Will this elliptical trainer be good for hanging clothes on come March when I don't want to see it again?"

**Gym memberships:** Choosing a gym you will actually use is all about location. I myself always choose something near a doughnut shop. That way I can announce, "I'm going to the gym" as I head out for a French cruller. You

may want to consider hiring a personal trainer. These are people whose job is to make you hurt in every area of your body. If they wore leather boots, it



### Exercise/diet books:

Bookstore shelves are crammed with helpful titles such as Taylor Swift's Guide to Perfectly Toned Thighs ("Be 20 years old") or The Miracle of Losing Weight by Never Eating Again. Diet books can be

very useful, but only if what you use them for is to strap them to your ankles on long walks. Otherwise, they simply take up valuable desk space, which you'll need for the lamp you fashion out of your unused Ab-buster.

My choice? This year, I think I'll try exercising my common sense instead of my credit card. I'm going to walk a little more, eat my veggies and cut down (but not out) on chips and sweets. Will I be thin in 2010? Maybe. But the advice I'm going with is this:

"Life should not be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body; but rather to skid in sideways, chocolate in one hand, chai in the other, body totally worn out, screaming 'Woo hoo, what a ride!'"

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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## Worth mentioning

## Superheroes to hand out condoms at Winter Games

Look. Up in the sky. It's a bird, it's a plane, no it's ... Captain Condom.

The safe sex superhero and several other caped crusaders will hit the streets of Vancouver next month when the city hosts the world for the 2010 Olympic Games.

Behind the marching bands, clowns, condoms on stilts and general three-ring circus is a serious message about harm reduction during the Olympic fun.

The organizers, a group called SafeGames 2010, will have outreach teams handing out "safe kits" to

**250,000**

Luciano Colonna, of SafeGames, says one goal is to hand out 250,000 condoms to Games goers, but he said the main goal is to enhance the effort of the community in hosting the Games in a safe manner.

The City of Vancouver has contributed \$20,000 to the overall cost.

All the so-called superheroes hitting the streets will be volunteers, and most of them will choose their own costumes and their own aliases.

THE CANADIAN PRESS

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**Getting greener electronics**

The annual Consumer Electronics Show continued to put a spotlight on green products this year. For the best exhibitors offering green products visit cesweb.org. **METRO NEWS SERVICES**

# Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA

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**METRO NEWS SERVICES**

## 7 Green resolutions for 2010

**January is the month of resolutions and the perfect time to dust off bad habits from the previous year. With the need to Go Green still going strong, Metro compiled a list of the top green tips for 2010.**

This may mean you have to switch your luxury trip to the Maldives for a trip to the countryside... but at least it's in the interest of the planet.

**TRIM YOUR TRAVEL**

Make 2010 the year of low carbon holidays. Re-think your choices carefully. Closer destinations will reduce your carbon footprint (whether you travel by train, plane, boat or car) and could possibly end up being the cheapest option.

**YOUR SHOPPING LIST**

Plant your own vegetables this year to help reduce the emissions cost of transporting food.

Buy organic food sources when possible, which are often better for your health as they are usually made using natural and non-processed sources. Cut down on your meat and dairy consumption and try making hearty meals using more fruit and vegetables.

At the till, use a re-usable cotton tote to carry your groceries home rather than a plastic bag. Feeling thirsty? Drink tap water instead of bottled, or invest in an aluminum bottle and water filter.

**GREEN YOUR GARDEN**

Gardens don't only come

in handy for summer barbecues. Plant your own garden patch with vegetables and fruit that are easy to look after and great to cook with. Spuds such as potatoes, carrots and tomatoes are good choices.

Left over banana peels in the bin?

Add them to a compost heap.

**CUT YOUR COMMUTE**

Ride your bike or walk to work. Not only will you be doing more exercise but you will also be alleviating your finances by saving the money you would normally be spending on fuel or public transport.

**REDESIGN YOUR HOME**

Making your own cleaning products using soap, vinegar or lemon is a good start. Adapt your house to its natural environment and make the most of the

wind, sun and rain surrounding it. If you live in a sunny region, switch to using renewable energy sources and install solar panels on your roof.

**OUT OF OFFICE**

Print pages only when you have to and if you do, try not print out endless copies of the same document to save paper. Also,

remember to switch off your computer when you leave and turn off any other electrical equipment such as desk lights or space heaters.

**SWITCH OFF LIGHTS**

Don't forget to switch off all the lights in your house when you leave for work in the morning or when you go to bed at night. It's a tiny move that can make a big difference.

**ROMINA MCGUINNESS/  
METRO WORLD NEWS**

**Going Green in brief**

**CAR EMISSIONS** Many cars put on weight without their owners realizing it. All sorts of things gradually accumulate inside, under the seats, in the glove box and in the trunk.

Fifty kilograms of extra weight in the car will increase the fuel consumption by one or two per cent, so help your car lose its love handles, throw out the rubbish and reduce your emissions.

**IDLING** Don't idle. Any stop longer than 10 seconds will save you gas. The federal government's Office of Energy Efficiency says the average Canadian idles their car for five minutes a day, not counting warming it up on cold mornings. But cutting that out, you'll save about 101 kgs of greenhouse gas emissions.

**BABY WIPES** If you are a parent of a young child, chuck your baby wipes. Most contain propylene glycol, a derivative of natural gas and hormone-disrupting parabens.

**METRO NEWS SERVICES**

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## 6 going green

Birthday gift tips

Have a family birthday coming up? Ask for only second-hand gifts from your guests. Go so far as to specify that on your invites. Need inspiration? For every can of garbage you put out, 70 cans are made upstream to produce that product, according to Annie Leonard's *The Story of Stuff*. METRO NEWS SERVICES

# 2009 was a good year for killer whales

**A little over a year after researchers feared a drop in the West Coast's endangered killer whale population meant disaster, the number of orcas has bounced back with six new babies and no whales lost.**

Though scientific evidence is skimpy, some American whale experts

say the good news might be the result of enough salmon for the majestic black-and-white mammals to eat. Others say so little is known about orcas that the baby boom could be due to any number of factors — or simply a statistical fluke.

Whatever the reason, they're overjoyed about the

new arrivals.

"We're all very happy to see so many births," said Susan Berta of the Whidbey Island-based Orca Network.

"We're all hoping that they find lots of fish to keep them healthy and keep the mothers in good condition so they can feed

the calves," she said.

In 2009, no deaths were reported and five new calves were spotted, giving a December total of 87 whales in three pods. A sixth infant was born Jan. 3 while its family, J Pod, was near Seattle on a winter visit, making it 88.

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**Canwest seeks newspaper selloffs**

The cross-country newspaper chain run by Canwest Global Communications has fallen into the hands of the insolvent company's banks as it seeks to sell its big-city dailies. **THE ASSOCIATED PRESS**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Military takes look at robotic vehicles

**Don't expect them to say "Hasta la vista, baby," but the robotic armoured vehicles and pilotless aircraft being developed by Canada's military scientists may one day be able to think for themselves.**

The aim of the project by Canada's defence research branch, launched last fall, is to improve on the current generation of remote-controlled devices designed for the battlefield.

It may sound like something from the Terminator films, but defence scientists say what they're doing is a long way from the world envisioned by the science fiction action flicks that made California Gov. Arnold Schwarzenegger a household name.

Franklin Wong, who leads the project at Canadian Forces Base Valcartier,

**Terminator**

In the four-movie Terminator franchise, humanity fights in a genocidal war waged by artificially intelligent robots. Some of Schwarzenegger's most memorable catch phrases — "Hasta la vista, baby" and "I'll be back" — came from his turn as one of the murderous cyborgs.

Que., says the vehicles under study are not meant for combat but rather surveillance.

"That's a very important capability that we're looking for," Wong said in a recent interview.

"Many of our projects (at Defence Research Canada) are geared towards the surveillance aspect."

The Canadian military

currently employs Israeli-made Heron unmanned aerial vehicles (UAVs) to patrol bomb-infested roads and provide early warning of ambushes for troops on the ground in Afghanistan.

The Heron is capable of carrying weapons, but the Conservative government as recently as last spring turned down a request by the air force to install missiles on the drones that are controlled by pilots on the ground at a base station.

THE CANADIAN PRESS

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Wireless charging, 3-D and Polaroid's comeback among the highlights of CES 2010. Scan this code for the full story.

**Business in brief**

**SALE** Investors battered shares of Arabtec Holding yesterday after the Dubai construction giant, which helped build the world's tallest tower, agreed to sell a controlling stake to a state-run investment fund in

neighbouring Abu Dhabi. Arabtec shares plunged 6.9 per cent on the first full trading day since details of the deal with Aabar Investments became public.

TECHNOLOGY Canadian

software company i4i says Microsoft Corp. filed a petition with the U.S. Court of Appeals Friday asking it to re-hear a patent-infringement case between the two companies.

THE ASSOCIATED PRESS

## China world's top exporter

**TRADE** China overtook Germany as the world's top exporter after December exports jumped 17.7 per cent for their first increase in 14 months, data showed yesterday, in another sign of China's rise as a global economic force.

Exports for the last month of 2009 were \$130.7 billion US, data from the General Administration of Customs showed. That raised total 2009 exports to \$1.2 trillion, ahead of the \$1.17 trillion for Germany forecast by its foreign trade organization, BGA.

China's new status is largely symbolic but reflects the ability of its resilient, low-cost manufacturers to keep selling abroad.

THE ASSOCIATED PRESS

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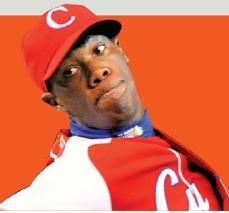
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Wishful thinking

Ben Rycroft offers up some stories he'd like to read about Canadian soccer this year at [metronews.ca/justsoccer](http://metronews.ca/justsoccer)

# Sports



## Chapman signs with Cincinnati

Cuban left-hander Aroldis Chapman has agreed to a deal with the Cincinnati Reds. With a 100 m.p.h. fastball, he is considered by scouts to be among the top pitching prospects in the world. Chapman threw a bullpen session for major league teams in Houston last month, and the Toronto Blue Jays, Florida Marlins and Boston Red Sox also were thought to be among his suitors.

THE ASSOCIATED PRESS

EDITOR: DON.MCHOUILL@METRONEWS.CA

**Seahawks, Carroll engage in talks**

The Seattle Seahawks are in Los Angeles trying to make Pete Carroll their next coach — while lining up interviews to find their next general manager.

Seahawks chief executive officer Tod Leiweke spent yesterday in California. A team spokesman says his talks with the charismatic coach of Southern California may go into today. The Seahawks still do not have an agreement, despite widespread reports to the contrary.

THE ASSOCIATED PRESS

[m.metronews.ca](http://m.metronews.ca)

SCANLIE

Solid QB play and strong D prove to be the winning formula for the Dallas Cowboys. Scan this code for the full story.

## Cards headed to New Orleans

**It took a few extra minutes, but the lineup for the divisional round of the NFL playoffs is set.**

The Arizona Cardinals beat the Green Bay Packers 51-45 in overtime yesterday on Karlos Dansby's 17-yard fumble return for a touchdown to round out the field.

"He (Michael Adams) made a sack, the ball went in the air, I just made a play on the ball," Dansby said.

Earlier, the Baltimore Ravens routed the Patriots 33-14.

Arizona (11-6) will face the NFC's top seed, the Saints (13-3), in New Orleans on Saturday. The reward for Baltimore (10-7) is playing the AFC's top seed, taking on the Colts (14-2) later Saturday in Indianapolis.

anapolis.

The Ravens' win at New England sends the Jets to San Diego. A Cowboys-Vikings matchup in Minnesota already was set after Dallas won a playoff game for the first time since 1996 on Saturday night.

The Jets, Ravens and Cowboys all made statements this weekend that they're in top form. The Cardinals seemed poised to do the same when they raced out to a 17-0 first-quarter lead. But the Packers (11-6) scored three fourth-quarter touchdowns to send the game to overtime.

"That's probably one of the best games ever played in the playoffs," Cardinals coach Ken Whisenhunt said.

THE ASSOCIATED PRESS



Green Bay Packers quarterback Aaron Rodgers watches Arizona Cardinal Karlos Dansby run back a fumble after Rodgers was hit by Michael Adams during overtime yesterday.



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### Sports in brief

**FIGHT** Manny Pacquiao will fight March 13 at Cowboys Stadium, but not against Floyd Mayweather Jr. Pacquiao promoter Bob Arum said yesterday he has finalized a deal to match Pacquiao against Joshua Clottey in a welterweight bout at the new \$1.2-billion US stadium.

**CURLING** Brad Gushue of St. John's, N.L., earned his first career Capital One Grand Slam of Curling event yesterday, downing Edmonton's Randy Ferbey 6-4 to capture the Swiss Chalet National. METRO NEWS SERVICES

### SCOREBOARD

#### NHL

**YESTERDAY'S RESULTS**  
Carolina 4 Ottawa 1  
Anaheim 3 Chicago 2  
Columbus 2 Dallas 0  
Tampa Bay 4 New Jersey 2

**TODAY'S GAMES**  
Pittsburgh at Minnesota, 6 p.m.  
Colorado at Calgary, 8 p.m.  
Nashville at Vancouver, 8:30 p.m.  
San Jose at Los Angeles, 8:30 p.m.

#### NFL PLAYOFFS

**YESTERDAY'S RESULTS**  
AFC Baltimore 33 New England 14  
NFC Arizona 51 Green Bay 45 (OT)  
**SATURDAY'S GAMES**  
AFC N.Y. Jets 24 Cincinnati 14  
NFC Dallas 34 Philadelphia 14

#### DIVISIONAL PLAYOFFS

**SATURDAY, JAN. 16**  
NFC Arizona at New Orleans, 2:30 p.m.  
AFC Baltimore at Indianapolis, 6:15 p.m.

**SUNDAY, JAN. 17**  
NFC Dallas at Minnesota, 11 a.m.  
AFC N.Y. Jets at San Diego, 2:40 p.m.

#### NBA

**YESTERDAY'S RESULTS**  
Boston 114 Toronto 107  
L.A. Clippers 94 Miami 84  
New Orleans 95 Washington 110  
San Antonio 97 New Jersey 85  
Cleveland 106 at Portland 94  
L.A. Lakers 95 Milwaukee 77

**Olympics seen as money loser for NBC**

NBC Universal says it expects to lose money on the upcoming Winter Olympics in Vancouver. NBC Sports chief Dick Ebersol says advertising sales for the Games have picked up over the past few months, but not enough to cover the fees NBC is paying. **THE ASSOCIATED PRESS**



# Vancouver Games

EDITOR: DON.MCHOUILL@METRONEWS.CA

## McIvor leads Canadian charge

B.C. native wins gold, two teammates take silver at World Cup skicross event

**Ashleigh McIvor won gold to help Canada to a three-medal day at a World Cup skicross event yesterday.**

McIvor finished ahead of teammate Julia Murray in the women's final. Canada's Stanley Hayer added a silver in the men's event.

"What was nice about today's win was I didn't advance because someone crashed," McIvor said. "It was all good strong starts and good strong skiing."

"It was really nice to come back to Les Contamines and finally race some air and some off camber doubles with good terrain and good flow. It's one of those courses that when you get to the bottom, you want to go do it again."

### Olympic debut

Skicross, which features a mass start and head-to-head racing on a course with turns, bumps, jumps and rolls, will make its Olympic debut next month at the Vancouver Games.

"I was really excited." McIvor and Murray are from Whistler, B.C.

Kelsey Serwa of Kelowna, B.C., was ninth, Danielle Polesschuk of Calgary was 10th and Aleisha Cline of Squamish, B.C., was 12th.

Hayer, of Calgary, finished behind Xavier Kuhn of France in the men's final.

Hayer said the Canadian team's mood is good heading into the Vancouver Games.

"It's a heavy weight on the shoulders but the mood on the team isn't too bad," he said. "We're racing against each other but we're also racing against the other freestyle disciplines and everyone is so good."

THE ASSOCIATED PRESS

With the victory, McIvor rose to second in the overall standings with 247 points. Six-time overall World Cup champ Ophelie David of France was fourth to retain the overall lead with 290 points.

"I was kind of in shock when my teammate and I were in first and second," Murray said.



Ashleigh McIvor of Canada takes first place during a World Cup skicross event yesterday in Les Contamines, France.

CHRISTOPHE PAULOT/AGENCE ZOOM/GETTY IMAGES

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Canadian Heritage Patrimoine canadien



McGill University has received a \$4.1 million donation from alumnus Robert Wares and his company, Osisko Mining Corporation, in support of students and junior faculty members in McGill's Department of Earth and Planetary Sciences. METRO NEWS SERVICES

## Canada's PhD production low

In its report *How Canada Performs: A Report Card in Canada*, the Conference Board of Canada awarded the country an "A" in education and skills, up from a "B" in 2008. In comparison to 16 other developed nations, Canada came in second to Finland in overall education and skills outcomes. However, Canada ranked last in terms of educating and graduating doctoral students, earning a "D" in this category.

METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

# Workology

## Artist at heart, pricing by trade

Appraiser, of Antiques Roadshow fame, knows the cost of anything

### OddJobs

Diane Peters

[Metronews.ca/oddjobs](http://Metronews.ca/oddjobs)

ing that would lead to a career.

It did. After graduation and a year teaching English abroad, she came home and found posting for a research assistant at a Toronto company that appraised art and antiques for insurance.

"I just have to get this," McGhee told herself. Her knowledge of art got her hired on the spot.

For seven years, she learned on the job. Senior staff members would go out and look at a piece of china, art, furniture or jewelry, and come back with photographs and notes. McGhee's job would be to compare their information to the materials in the company's extensive library, and write

When you love to draw and paint growing up, you can't help but dream of becoming a professional artist. But halfway through her degree in visual arts at York University, Charlotte McGhee, now 34, decided being a starving artist wasn't for her. She transferred into cultural studies, hop-



Charlotte McGhee is a professional appraiser.

up a report for an insurance company on the object and its estimated value.

As the years passed, McGhee got quicker and more knowledgeable, and soon was doing field work too.

In 2006, the Canadian Antiques Roadshow on CBC needed a fine art expert, and called her in. She worked on the last two seasons of the show.

Around that time, she left her job and started M&G

Appraisals (the G is for her husband Wade Gaudette, who helps her out sometimes but mainly works as a chef) out of her home in Orillia.

She does appraisals for insurance purposes, but also to help settle estates when someone has died, and to divide assets in a divorce. Sometimes, people are just curious about the value of their possessions.

Once or twice a week, McGhee attends auctions, mainly to keep herself current on the latest fads and prices. As well, she collects herself and sells a little too, so she'll often buy.

She divides the rest of her time between visiting client's homes to either do

on-the-spot appraisals ("I have a huge database in my head, I can give pretty accurate quotes") or to take photographs and notes. Then, at home, she consults her library of books and the various electronic databases she subscribes to find comparable items to aid her in writing a report about the item and its estimated value.

Being around all these antique treasures all the time has its pitfalls. "In my house, there's not an inch of wall that doesn't have art on it. I have closets stacked with art: I don't know what to do with it all."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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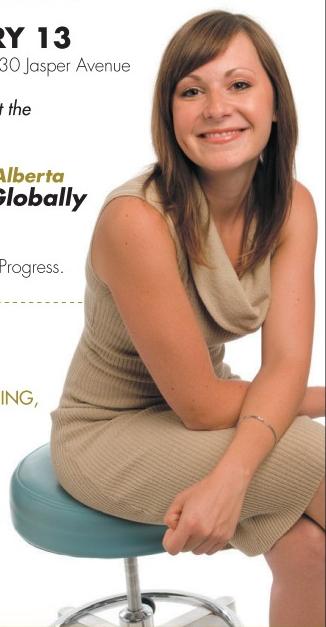
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Canada

**Leno returns to old slot**

NBC confirmed that the Jay Leno prime-time experiment is over. NBC TV Chairman Jeff Gaspin says NBC wants Leno to do an 11:35 p.m. show each night, starting in February. **THE ASSOCIATED PRESS**

metro  
11

# Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

## Kids tickled to Death

CHRIS ALEXANDER  
For Metro Canada

**When it comes to the high concept, cross-dressing, sacred cow killing comedy troupe The Kids in the Hall, "conventional" is a word that simply does not stick.**

The celebrated Canadian counterculture sketch-com heroes rose out of the clubs, eventually aligning themselves with Saturday Night Live producer Lorne Michaels in the 1980s and launching a wild, often controversial television series that lasted six glorious seasons on both CBC and HBO.

Now, after a 15-year absence, the Kids return to the

**Death Comes to Town**  
premieres tomorrow night on CBC Television

airwaves with the new eight-part CBC miniseries Death Comes to Town, a dark, deliriously absurd show that blends the small town quirk of Corner Gas with the gothic, grand feel of the Final Destination films — all interpreted through the Kids' trademark abstract comedy sensibilities.

"We started writing a lot during our last live tour in 2008," says original mem-

ber Mark McKinney who has the honour of playing the scythe wielding Grim Reaper. "It really kind of reignited that spark, that serious interest in actually doing TV again."

Death Comes to Town sees McKinney's disgruntled wrath accidentally



Mark McKinney plays the Grim Reaper in Death Comes to Town.

ending up in the fictional backwater town of Shuckton, Ont., and inadvertently becoming embroiled in the often sordid lives of the local yokels. But unlike any previous screen treatments of the Reaper, McKinney's Death is less grim and more rockstar chic.

"He's on a lousy route," he says. "He literally gets off this Greyhound bus into this crappy little town and has to deal with all this bizarre characters. Originally, I was full on Reaper but it just didn't feel right. So we stripped it back, made him edgier, more outrageous."

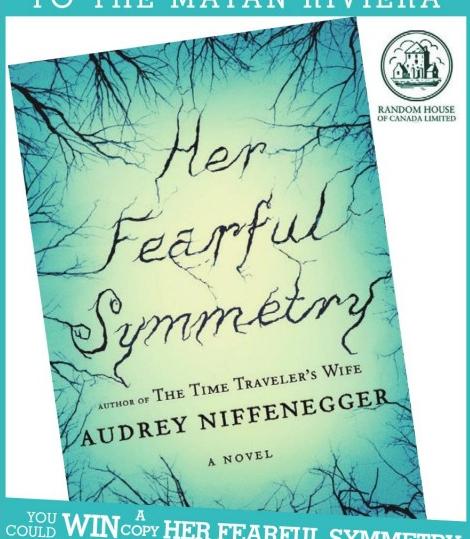
	ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	
primetime	1/11/10	2	CFRN	239 318	etalk	Access H.	CSI: Miami (HDTV) (N)	The Mentalist (HDTV) (N)	Two/Half Men	Big Bang	CTV News			
	3	KHO	-	370	News (N)	Millionaire	Jeopardy! (N)	Chuck (HDTV) (N)	Heroes "Close to You"	Jay Leno Show				
	4	CBXT	-	307	Wheel Fortune	Jeopardy! (N)	18 to Life	Little Mosque	Winnipeg Comedy	CBC News: The National	The Hour			
	6	KREM	-	372	News	Access H.	The Doctors	How I Met Accidentally	Two/Half Men	Big Bang	CSI: Miami (N)			
	7	CKEM	241	347	Chuck (HDTV) (N)	The Jay Leno Show (N)	Entertainment	Heroes "Close to You"	The Bachelor: On the Wings of Love (HDTV) (N)	House "Down Low"	Lie to Me	News Hour		
	8	CITV	240	339	ET Canada	Entertainment	Omni News: S. Asian Edition	Entertainment	The Bachelor: On the Wings of Love (HDTV) (N)	House "Down Low"	Fringe "Unearthed" (N)	Castle		
	11	OMNI	-	371	King/Queens	The Simpsons	Omni News: Cantonese Edition	The Insider (N)	Market Call Tonight	Antiques Roadshow (N)	America Masters (N)	Amer. Masters		
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	Entertainment	House "Down Low"	Being Served	Keeping Up	Tavis Smiley	Charlie Rose (N)	
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Two/Half Men	House "Down Low"	Market Call Tonight	CBC News: The National	CBC News: The National	Oldest Moms	
	22	KPBS	-	374	PBS NewsHour (N)	'Allo, 'Allo!	Two/Half Men	Two/Half Men	Market Call Tonight	Off the Record	Triathlon: Ironman	Billiards		
	24	WTVS	-	364	American Masters (N)	Steves Europe	Two/Half Men	Two/Half Men	Market Call Tonight	Off the Record	Triathlon: Ironman	Sportsnet Con.		
	15	CBCN	502	-	CBC News: The National	American Masters	Two/Half Men	Two/Half Men	Market Call Tonight	Off the Record	Triathlon: Ironman	Sportsnet Con.		
news	21	TWN	505	398	(5)	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch Two	EarthWatch Two	EarthWatch Two	EarthWatch Two		
	27	CNN	500	500	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Anderson Cooper 360 (HDTV)	Anderson Cooper 360 (HDTV)	Anderson Cooper 360 (HDTV)	Larry King Live	Cooper 360			
	54	CTVN	501	391	CTV News Tonight	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News		
	70	BNN	504	508	Squeeze Play	Business News	Berman's Call	Berman's Call	Market Call Tonight	Headline	MoneyTalk	Squeeze Play		
sports	20	TSN	400	400	Basketball	SportsCentre	That's Hockey!	SportsCentre	Off the Record	Triathlon: Ironman	Billiards			
	23	net	408	418	PB&G	Flames Conn	NHL Hockey	Colorado Avalanche at Calgary Flames. (HDTV) (Live)	Off the Record	Triathlon: Ironman	Billiards			
	47	SPEED	417	406	Barrett-Jackson	Barrett-Jackson	Car Crazy	Car Crazy	Pass Time	SuperCars	SuperCars	Auctions		
	94	SCORE	410	403	(7:15)	WWE Monday Night RAW	Score Now	Score Now	Score Now	Score Now	WWE Monday Night RAW			
family	9	EDAC	267	351	Albert	Primetime (Live)	Castile (HDTV) (N)	Tough Love (N)	Fringe "Unearthed" (N)	Primestime				
	14	YTV	552	543	iCarly	To Be Indie	Scorpion	Scorpion	Malcolm-Mid.	8 Simple Rules	What I Like	Family Biz		
	17	TREE	553	546	Little Bear	Babar	Big & Small	Big & Small	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!			
	42	TOON	555	545	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	6TEEN	Futurama	King of the Hill	American Dad		
	45	FAM	557	541	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Oversold!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	
	-	TVA	121	714	TVA nouvelles	Le Cercle (SC)	Les Gags	Bloopers TVA	Yamasaki (HDTV) (SC)	Dr. House (SC)	TVA nouvelles			
cable variety	18	CMT	575	583	Gilmore Girls	Days of Thunder ** (1990, Action)	Castile (HDTV) (N)	Tough Love (N)	Fringe "Unearthed" (N)	Primestime				
	25	A&E	615	520	Intervention "Jackie" (N)	Hoarders "Linda; Todd"	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz			
	26	MM	571	581	All Access	Entourage	Big & Small	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!			
	29	FOOD	603	561	Top Chef Masters	Pitchin' In	Glutton	Restaurant Makeover	Diner, Drive-In	Unwrapped	Top Chef			
	31	SHOW	617	522	Trailer Park	Trailer Park	Relic Hunter	Seventeen and Missing (2007, Drama)	Deedee Pfeiffer	Bones				
	32	DISC	520	505	Man vs. Wild "Alaska"	Dirty Jobs (N)	Daily Planet	MythBusters	Dirty Jobs					
	33	SLICE	601	562	Tori & Dean: Home	Love Inc.	ET Canada	What Happen?	Real Housewives of Jersey					
	34	W	602	567	House-Sell	Supernanny	Dine With Me	How Clean Is	Real Housewives of Jersey					
	35	TLC	521	560	Cake Boss (N)	Cake Boss	BBQ Pitmasters (HDTV)	Little People	Cake Boss	Cake Boss	BBQ Pit			
	36	BRAVO	620	523	Death in Venice	Canadian pianist Louis Lortie.	Glee Club	Law & Order "Virtual"	Without a Trace	Smash-Up Stry				
	38	SPIKE	628	584	UFC Fight Night (HDTV) (Live)	Wild World	MANnews	UFC Fight Night (HDTV)						
	39	AMC	-	(6)	Spy Game ** (2001, Suspense)	Robert Redford.	The Jewel of the Nile ** (1985, Adventure)	Michael Douglas.						
	40	HIST	522	506	Lost Worlds	Shockwave	Greatest Tank Battles	Lost Worlds						
	41	COM	626	547	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Com. Cen. Hot		
	43	SPACE	627	528	Path of Destruction	(2005, Science Fiction)	David Keith	Stargate SG-1	Star Trek: Next Gener.	Lost				
	44	WPCH	294	650	House-Payne	The Legend of Bagger Vance *** (2000, Drama)	Will Smith.	Elijah (2007, Biography)	Billy Merasty, Maury Chaykin.	The Legend of Bagger Vance				
	46	OLN	411	457	Operate-Repo	Operate-Repo	Ghost Hunters	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters			
	48	TROP	619	525	Carlwood	Re-Vamped	Parking Wars	Parking Wars	Flipping Out	Launch-Line				
	50	STAR	621	527	The View (HDTV) (N)	The Dr. Oz Show (HDTV)	TMZ	etalk	Access H.	Extra	Dr. Oz Show			
	52	HGTV	600	564	Marriage	My First Place	House Hunters	House Hunters	Holmes on Homes	Marriage	Income Prop.	For Rent		
	65	TLN	700	800	(6)	Il Commissario	George Lopez	George Lopez	Lopez Tonight	Raymond	Raymond	Paid Program		
	92	APTN	269	350	Metcom	La Voix Mechif	New Canoe	Storytellers	Elijah (2007, Biography)	Billy Merasty, Maury Chaykin.	Rez Rides			
	93	VISION	261	394	Doc Martin and the Legend of the Cloutie	(2003, Comedy)	Pottergeist: The Legacy	Love Me Tender ** (1956, Western)						
	100	MTV	581	566	Teen Mom	Super Sweet	Teen Cribs	MTV Live	After	The Real World "D.C."	Super Sweet			
	101	MM	570	580	So You Think You Can Dance	Video on Trial	Video on Trial	MuchOnDemand		America's Best Dance Crew	MuchVibe			
	102	CPAC	512	396	(6:30) Primetime Politics	Tete a Tete	The Public Record	Judging Amy		Prime-Politics	Primetime Politics			
	103	VIVA	526	507	The Closer "Next of Kin"	Cold Case "Colors"	Medium	In Dreams	Judging Amy		Missing			
	106	RDI	126	730	Le Téjournal (SC)	RDI économie	Le National	Le Téjournal (SC)	24 Heures en 60 minutes (SC)	Le Téjournal				
	161	SUPER	-	-	Sons of Anarchy (HDTV)	Men of a Certain Age	Skins "Thomas" (HDTV)	Sons of Anarchy (HDTV)	Sons of Anarchy (HDTV)	Certain Age				

## CLUB METRO WEEKLY REWARDS

Courtesy of:

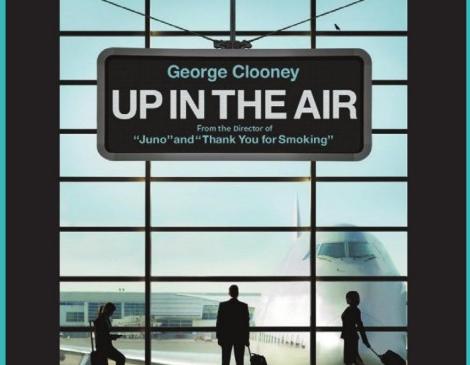


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## 12 entertainment



Kate Gosselin may have a new hairdo, but ex-husband Jon Gosselin has a new girlfriend. Gosselin, 32, is dating Morgan Christie, 25, according to People. The couple met while skiing in Utah, according to the magazine. METRO NEWS SERVICES

### Celebrity Buzz

## Divorcees unite

### THE PAST IS THE PAST

Though their marriage was more than rocky, Sean Penn and Madonna have apparently put the past behind them, as the pair were spotted looking chummy at a hotel restaurant in New York recently, according to Page Six.

"Penn stopped by the table to say hi," a rep for Madonna confirms. The two were "laughing and chatting," according to a source. "They seemed to be getting on so well, we had to look twice to make sure it really was Sean Penn she was with."

METRO WORLD NEWS



## It's baby time: Theron

### READY FOR NEXT STEP

After nine years together, Charlize Theron says she's ready to have children with boyfriend Stuart Townsend.

"I feel very blessed to have had a certain amount of success and now I'm

reaching the point where I would love to be a mom," she tells the Daily Mirror. "I know I want to raise a big family and it's just a question of time. I know I'm ready for that phase of my life and I know that Stuart is the man I want to take that step with."

METRO WORLD NEWS



## On the market...

**FRIENDLY SPLIT** After a few months happily dating electrician Jamie Padgett, Pamela Anderson is reportedly on the market again, according to Radar Online.

"Pam made it pretty clear she is no longer dating Jamie and that she was looking for a new love interest," a source says. "She didn't have anything bad

to say about him and described him as a 'sweet guy' and that she hoped they would remain friends."

Anderson and Padgett began dating after the actress moved into a trailer while her house was being renovated.

METRO WORLD NEWS



## Guess my orientation

**BEST RUMOUR EVER** Bradley Cooper thinks it was "fantastic" people thought he was gay, femalefirst.co.uk reports.

The actor — who is dating Renee Zellweger — is amazed at how much of what is written about him is untrue and says the best rumour he's

ever read about himself was after attending an event with his actor friend Victor Garber and it was reported they were dating.

He said: "People thought we were dating. It was all over the Internet. It was the first time I read a rumour like that about me, and I just thought it was fantastic."

METRO WORLD NEWS

'We really, really love each other'

**TWICE CONFIRMED** Here's one way to battle divorce rumours: One year after they tied the knot, Josh Duhamel and Fergie reportedly renewed their vows in a private ceremony in Santa Barbara, Calif., according to Radar Online.



## Follow these tweet clues

**IS BABY BRAND ON THE WAY?** Katy Perry has got people.com curious about whether she is, or isn't, pregnant. People.com admits it may be reading between the Tweets, or the 25-year-old singer is sprinkling clues she's having a baby with new fiancé Russell Brand.

It started with her Jan. 1 message: "Let me tell you 2010 is BUMPIN!" Then on Friday, Perry wrote, "Hey

@rustyrockets" — Brand's Twitter name — "i heard ur preggo-ed." She adds, "I WANT IN AND OUT," a Southern California hamburger chain, before telling Brand, "I love you ... (wwwwww barf!)."

The website says it is all very cryptic, but adds it was only a few days ago that Perry made oblique song lyric references on Twitter.

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### Celebrity tweets

Jon Favreau lives with some tough critics, Heidi Montag finds happiness and Ellen DeGeneres gets around



• @Jon\_Favreau It's a split decision. My 8 year old thought Avatar was better, but my 6 year old went with the Squeakquel.

• @heidimontag just got the best spray tan! I haven't been tan is so long! I wish it would last forever, maybe one day

• @TheEllenShow I'm on the cover of Entertainment Weekly with Simon! Shhh, don't tell Oprah I'm covering cheating on her.

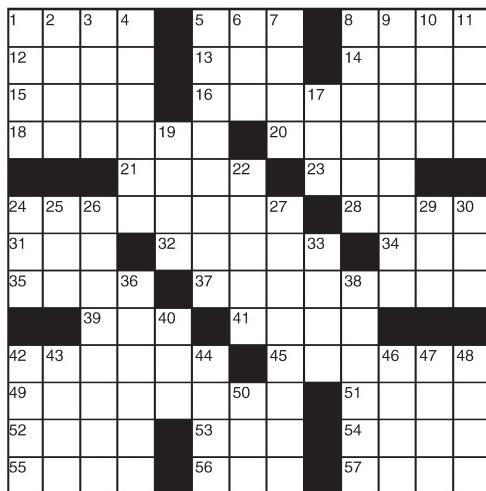
METRO WORLD NEWS



**Michele McDougall, Weather Specialist & Host – Breakfast Television**

'My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes.'

WEEKDAYS AT 6 A.M.

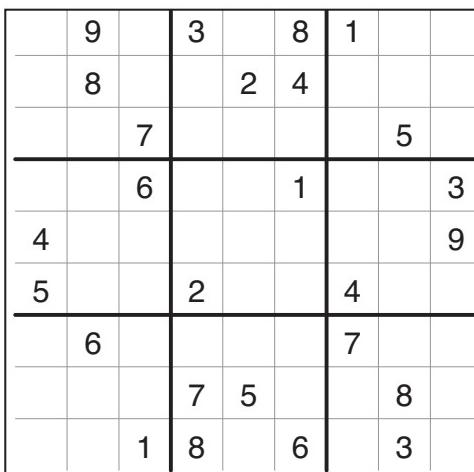
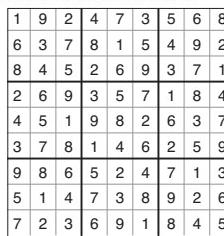


- 1 With (Fr.)  
5 Recipe meas.  
8 Sleeping  
12 Prima donna  
13 Regret  
14 Give a darn  
15 Tel —  
16 American dessert  
18 Pepperdine University site  
20 Type of bird dog  
21 Intentions  
23 Square root of IX  
24 Draw near  
28 Despot  
31 Meadow  
32 Porch  
34 Compass pt.  
35 Get your second wind  
37 Book supplement  
39 — Beta Kappa  
41 Architect  
Saarinen  
42 Scottish landowners  
45 Many Christmas decorations
- 49 Highly pertinent  
51 Hawaiian island  
52 Acute  
53 Fleur-de-—  
54 Of the ear  
55 Being (Lat.)  
56 Chances, for short  
57 Dilbert's workplace
- DOWN**
- 1 Leading man?  
2 — Las Vegas"  
3 Satan's specialty  
4 Fancy fish eggs  
5 Disordered mental states  
6 Dine  
7 Energizes, with "up"  
8 Vinegary  
9 Christened  
10 One of a Great quintet  
11 Antelope's playmate  
17 Garland from 19 Life stories, for

**Sudoku**

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:****On the web**

For more games and 60 additional daily cartoon strips, visit metronews.ca

**Horoscopes by Sally Brompton** [sallybrompton.com](http://sallybrompton.com)

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

**ARIES****MARCH 21-APRIL 20**

You should not be waiting for others to tell you what to do, you should be out there doing it for yourself. What are you waiting for?

**TAURUS****APRIL 21-MAY 21**

You may be reserved by nature but that does not mean you don't want to get ahead in the world. You are determined to reach the top.

**SCORPIO****OCT 24-NOV 22**

It's a good thing you know how to juggle several things at once because your commitments are beginning to get out of hand.

**GEMINI****MAY 22-JUNE 21**

You can do no wrong at the moment. Both in your personal life and at work you are the center of attention, and rightly so.

**SAGITTARIUS****NOV 23-DEC 21**

Try not to be too annoyed if someone you live or work with lets you down today. It may turn out to be a blessing in disguise.

**CANCER****JUNE 22-JULY 22**

Do opposites really attract? Yes they do and someone who is as different from you as it is possible to get will catch your eye.

**CAPRICORN****DEC 22-JAN 20**

Be careful what you say over the next 24 hours because your words may sound harsher than you intended.

**LEO****JULY 23-AUG 23**

Everyone has daydreams but you seem to be enjoying more than your fair share at the moment.

**AQUARIUS****JAN 21-FEB 18**

You may not be much looking forward to the week ahead but it will be a lot more fun than you imagine, so start looking around for reasons to be happy.

**VIRGO****AUG 24-SEPT 22**

You will be on the best of terms with everyone today, but one particular individual will get the full Virgo treatment: you'll make them feel like a star.

**PISCES****FEB 19-MARCH 20**

The planets indicate that friends and colleagues will get you out in any way they can – all you have to do is ask.

**TAKE A BREAK FROM WORK**

Visit metronews.ca to watch  
**metrotube** of the day

**This day in history**

- 1569: First recorded lottery in England.  
1787: William Herschel discovers Titania and Oberon, two moons of Uranus.  
1879: Milk is first delivered in bottles.  
1908: Grand Canyon National Monument is created.  
1922: First use of insulin to treat diabetes in a human patient.  
1935: Amelia Earhart is the first woman to fly solo from Hawaii to California.  
1994: The Irish Government announces the end of a 15-year broadcasting ban on the IRA and its political arm Sinn Féin.

METRO NEWS SERVICES

**entertainment 13****Take Five****Metro Recipe of the Day****Tasty Tuna Fishcakes****INGREDIENTS:**

- 1 lb (500 g) potatoes, peeled and cut into chunks  
2 tbsp (25 mL) butter  
1 tbsp (15 mL) creamed horseradish  
2 tbsp (25 mL) chopped fresh parsley  
3 scallions, chopped  
3/4 cup (175 mL) canned corn, drained  
6 oz (170 g) can tuna chunks, drained  
2 tbsp (25 mL) flour  
2 tbsp (25 mL) canola oil

**METHOD:**

To serve  
Tartar sauce and lemon wedges

smooth.

2. Add horseradish, parsley, scallions and corn to hot mashed potato and stir; add tuna and season to taste. Let cool slightly.  
3. Shape mixture into eight thick flat cakes, each measuring 2 3/4 in. (7 cm) in diameter. Dust on both sides with flour.  
4. Heat oil in large frying pan. Add fish cakes and cook over medium heat 3-4 minutes per side or until well browned, turning with slotted spatula. Serve hot with tartar sauce and lemon wedges.

SERVES 4

**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

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